



Technical Guide: Hägglingen

24.08.2025

International XCO - UCI C3 Race

Englisch
Version 1.0
<https://mtb-cup.ch/en/>

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The has been organizing mountain bike races, up until recently under the name 'IG Argovia Vittoria-Fischer-Cup', in and around the canton of Aargau for over 20 years. While the organization and execution of the races is taken over by committed clubs, the provides the infrastructure. This includes the time measurement, safety accessories, a speaker as well as the sound system and the podium for the award ceremony.

2 Organizer

c/o
Fischer Roland
Unterdorfstrasse 40
5703 Seon

3 Event organization

Event organisation for in Hägglingen:

3.1 Addresses

3.2 Contact

VC Hägglingen
Patrick Geissmann
geissmann.p@hotmail.ch

4 UCI Categories for a Class C3 event

	UCI World Championships, UCI World Cup, Continental championships, Continental series, Hors class, Class 1 events		Class 2 events		Class 3 events	
	Race time	Lap length	Race time	Lap length	Race time	Lap length
Men juniors	01:00 - 01:15	3.5 km - 6 km	01:00 - 01:15	4 km - 10 km	01:00 - 01:15	No restriction, and any race format
Women juniors	01:00 - 01:15		01:00 - 01:15		01:00 - 01:15	
Men under 23	01:15 - 01:30		N/A ¹		N/A ¹	
Women under 23	01:15 - 01:30		N/A ¹		N/A ¹	
Men elite	01:20 - 01:40		01:30 - 02:00		No Restrictions	
Women elite	01:20 - 01:40		01:30 - 02:00		No Restrictions	

5 Event type

UCI C3 MTB Cross-Country race within the Serie.

6 UCI Categories

Category	Birth year	Required license
Women Elite	... - 2006	UCI
Women Juniors	2007 - 2008	UCI
Men Elite	... - 2006	UCI
Masters	... - 1995	UCI
Men Juniors	2007 - 2008	UCI

¹Under 23 compete with elite

7 Kids & Fun Categories

Category	Birth year	Required license
Fun 1	1976 - 2008	
Fun 2	... - 1975	
Fun Women	... - 2007	
Plausch	Open	
Hard Boys U17	2009 - 2010	Swiss Cycling
Hard Girls U17	2009 - 2010	Swiss Cycling
Mega Boys U15	2011 - 2012	Swiss Cycling
Mega Girls U15	2011 - 2012	Swiss Cycling
Rock Boys U13	2013 - 2014	Swiss Cycling
Rock Girls U13	2013 - 2014	Swiss Cycling
Cross Boys U11	2015 - 2016	Swiss Cycling
Cross Girls U11	2015 - 2016	Swiss Cycling
Soft Boys U9	2017 - ...	
Soft Girls U9	2017 - ...	
Military	Open	

8 Training

Training on the racetrack before the race is strictly prohibited. Sanctions and fines must be expected in the event of a violation.

You may officially train during the following times:

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- 07:00 - 08:45

9 Insurance

All participants must be covered by sufficient health, accident and liability insurance. The event organizer shall not be held liable for any damages caused to persons or material/equipment.

10 Prestart

All participants are requested to arrive at the start/finish line at least 10 minutes before the official start of the race.

11 Registration

The online registration is possible until Friday before the Event: <https://mtb-cup.ch/en/registration>

Late registrations are possible during the opening hours of the start number pick up.

12 Licence check

Licences will be checked when collecting the number.

13 Award ceremonies

Shortly after the race the award ceremonies shall take place. The Top 5 riders of each category will be awarded.

14 Results

The results are available <https://mtb-cup.ch/en/results>.

15 Anti Doping

Separate facilities as well as restrooms near the gravel pit will be used for anti-doping controls and will be marked accordingly. The responsible staff members at the end of the race are waiting at the finish line to take out and accompany the selected riders.

16 Time keeping

The timing will be organized by . The UCI result files can be uploaded directly after the race.

17 Parking

The parking spaces are signposted.

18 Team Area

Please note that the team area is limited and reservations must be made at least two weeks before the event. Please contact the event organisation.

19 Prize money

The prize money for the category C3 will be distributed according to the UCI rules.

Ranking	Women Elite / Men Elite	Women Juniors / Men Juniors	Masters
1	200 CHF	65 CHF	75 CHF
2	150 CHF	50 CHF	55 CHF
3	100 CHF	30 CHF	35 CHF
4	75 CHF	25 CHF	
5	50 CHF	20 CHF	

20 Point scale

The point scale will follow the UCI MTB rules.

20.1 UCI C3 points

Ranking	Elite	Juniors U19
1	10	20
2	6	18
3	4	16
4	2	14
5	1	12
6		10
7		8
8		6
9		4
10		2

20.2 Swiss Cycling points

Ranking	Hard U17	Mega U15	Rock U13	Cross U11	Soft U9	Amateur	Masters
1	12	12	12	12	12	12	12
2	9	9	9	9	9	9	9
3	8	8	8	8	8	8	8
4	7	7	7	7	7	7	7
5	6	6	6	6	6	6	6
6	5	5	5	5	5	5	5
7	4	4	4	4	4	4	4
8	3	3	3	3	3	3	3
9	2	2	2	2	2	2	2
10	1	1	1	1	1	1	1

20.3 points

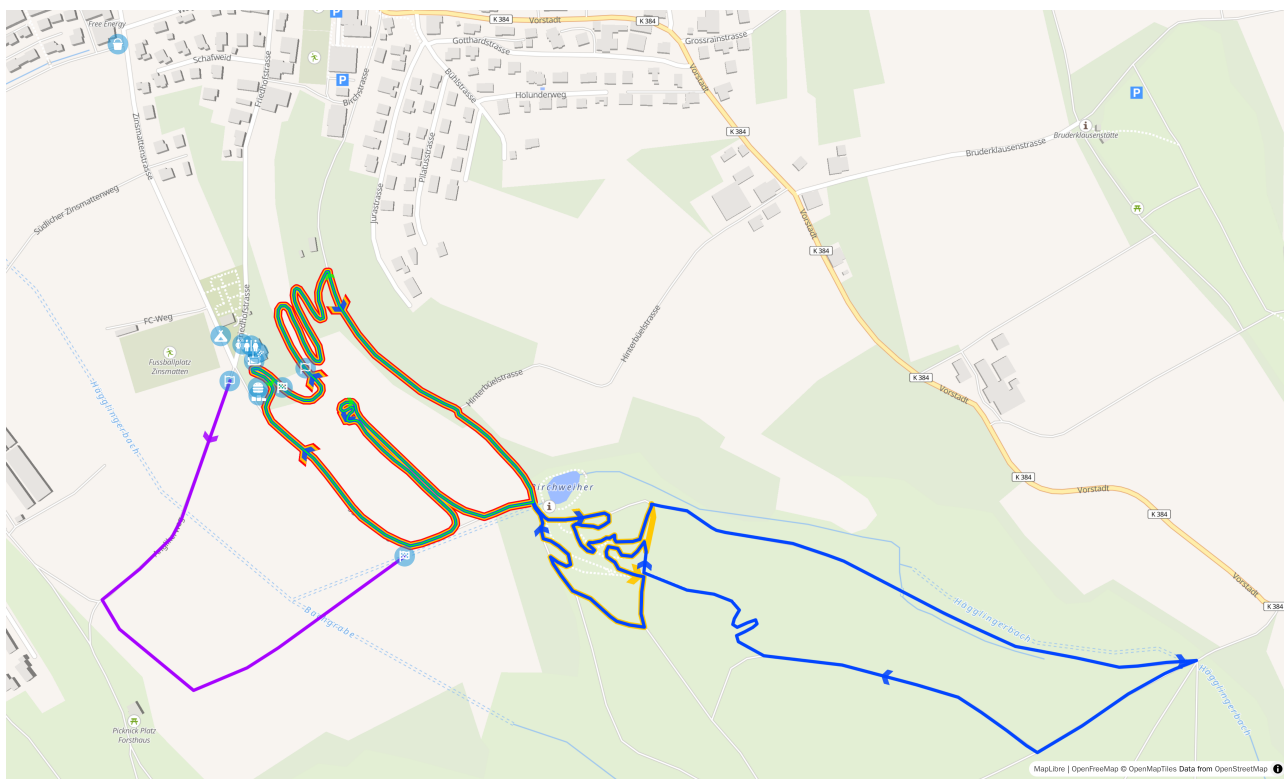
Ranking	Elite	Juniors U19	Hard U17	Mega U15	Rock U13	Cross U11	Soft U9	Amateur	Masters	Fun	Plausch
1	100	100	100	100	100	100	100	100	100	100	100
2	80	80	80	80	80	80	80	80	80	80	80
3	70	70	70	70	70	70	70	70	70	70	70
4	65	65	65	65	65	65	65	65	65	65	65
5	61	61	61	61	61	61	61	61	61	61	61
6	58	58	58	58	58	58	58	58	58	58	58
7	56	56	56	56	56	56	56	56	56	56	56
8	55	55	55	55	55	55	55	55	55	55	55
9	54	54	54	54	54	54	54	54	54	54	54
10	53	53	53	53	53	53	53	53	53	53	53
11	52	52	52	52	52	52	52	52	52	52	52
12	51	51	51	51	51	51	51	51	51	51	51
13	50	50	50	50	50	50	50	50	50	50	50
14	49	49	49	49	49	49	49	49	49	49	49
15	48	48	48	48	48	48	48	48	48	48	48
16	47	47	47	47	47	47	47	47	47	47	47
17	46	46	46	46	46	46	46	46	46	46	46
18	45	45	45	45	45	45	45	45	45	45	45
19	44	44	44	44	44	44	44	44	44	44	44
...	...	...	...	...	...	...	...	...	...	...	...
57	6	6	6	6	6	6	6	6	6	6	6
58	5	5	5	5	5	5	5	5	5	5	5
59	4	4	4	4	4	4	4	4	4	4	4
60	3	3	3	3	3	3	3	3	3	3	3
61	2	2	2	2	2	2	2	2	2	2	2
62	1	1	1	1	1	1	1	1	1	1	1
Others	1	1	1	1	1	1	1	1	1	1	1
DNF	1	1	1	1	1	1	1	1	1	1	1

21 Time table

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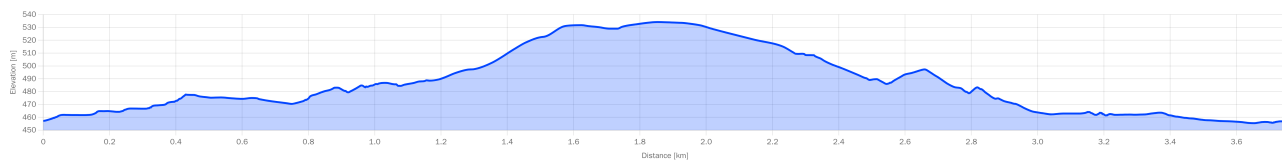
Category	Time	Laps	Length	Climb
Hard Boys U17	09:00	1SS + 3L	12.88 km	400 m
Hard Girls U17	09:00	1SS + 3L	12.88 km	400 m
Mega Boys U15	10:15	1SS + 2L	9.13 km	278 m
Mega Girls U15	10:15	1SS + 2L	9.13 km	278 m
Rock Boys U13	11:15	1SS + 2S	6.43 km	184 m
Rock Girls U13	11:15	1SS + 2S	6.43 km	184 m
Cross Boys U11	11:30	1P	0.7 km	5 m
Cross Girls U11	11:30	1P	0.7 km	5 m
Military	12:00	40min + 1MIL	- km	- m
Soft Boys U9	12:30	1P	0.7 km	5 m
Soft Girls U9	12:30	1P	0.7 km	5 m
Women Elite	13:00	6L	22.51 km	734 m
Women Juniors	13:00	5L	18.76 km	612 m
Men Elite	14:45	7L	26.26 km	857 m
Masters	14:45	6L	22.51 km	734 m
Men Juniors	14:45	6L	22.51 km	734 m
Fun 1	16:25	5L	18.76 km	612 m
Fun 2	16:25	5L	18.76 km	612 m
Fun Women	16:25	3L	11.25 km	367 m
Plausch	16:25	3L	11.25 km	367 m

22 Race course



Abbreviation	Name	Distance	Climb
 L	Large lap	→ 3.75 km	↑ 122 m
 S	Small lap	→ 2.4 km	↑ 76 m
 MIL	Military Cross	→ 1.63 km	↑ 33 m
 SS	Starting lap	→ 1.63 km	↑ 33 m
 P	Parcours	→ 0.7 km	↑ 5 m

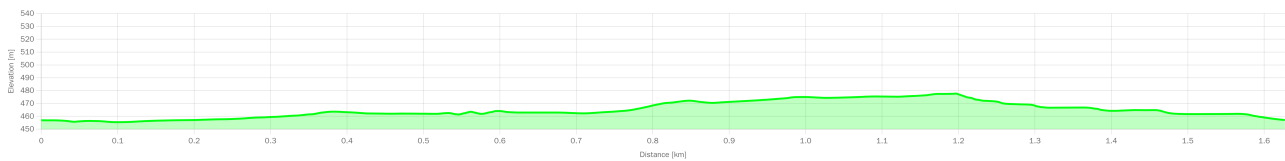
Elevation profile: Large lap



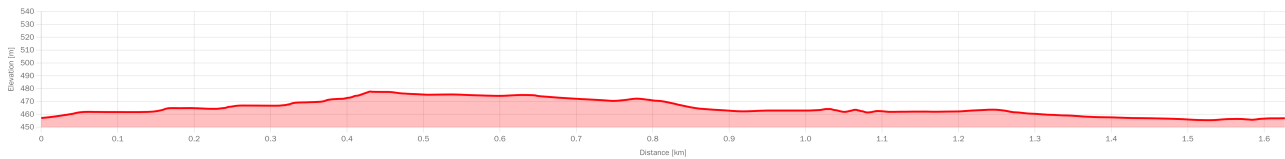
Elevation profile: Small lap



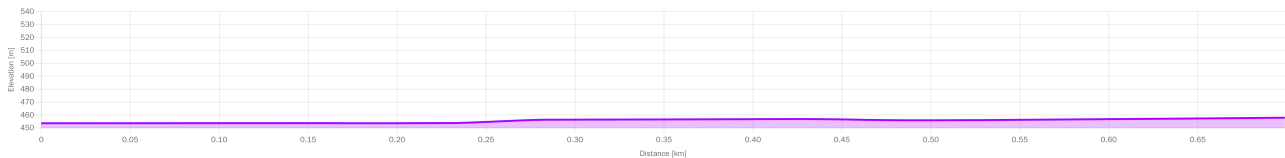
Elevation profile: Military Cross



Elevation profile: Starting lap



Elevation profile: Parcour



23 Contact details

Organization	Name	Phone	Email
UCI commissioner	Ehrin Mirella	+46 72 535 16 28	mirella@vannesta.se
Swiss Cycling commissioner	Heinz Hauser	+41 76 575 24 39	hhauser@swissonline.ch
Swiss Cycling commissioner	Patrick Boggian	+41 79 536 82 83	patrick.boggian@gmail.com
Swiss Cycling commissioner	Frédéric Luy	+41 79 773 33 66	fred.luy@icloud.com

24 First Aid

24.1 First aid coordinator and doctor

On Site

24.2 Next hospital

Kantonsspital Aarau
Tellstrasse 25
5001 Aarau
Aargau

Kantonsspital Baden
Im Ergel 1
5404 Baden
Aargau

25 Regulations

- <https://www.uci.org/inside-uci/constitutions-regulations/regulations>
- <https://www.swiss-cycling.ch/de/infocenter/reglemente-mtb>
- <https://mtb-cup.ch/en/regulations>

26 Changelog

Version	Changes
v1.0	• initial version